

Let R be a flat region in two-dimensional space and let $\delta(P)$ be the density of the region at point $P = (x, y)$.

- 1.) AREA : $\int_R 1 \, dA$ represents the *area* of region R .
- 2.) AVERAGE VALUE : $\frac{1}{\text{Area of } R} \int_R f(x, y) \, dA$ represents the *average value* of function $z = f(x, y)$ over region R .
- 3.) MASS : $\int_R \delta(P) \, dA$ represents the *mass* of region R .
- 4.) VOLUME : $\int_R f(P) \, dA$ represents the *volume* of the solid region defined on region R with height $f(P)$ at point P .
- 5.) MOMENT :
 - a.) $\int_R (x - a)\delta(P) \, dA$ represents the *moment* of region R about the vertical line $x = a$.
 - b.) $\int_R (y - b)\delta(P) \, dA$ represents the *moment* of region R about the horizontal line $y = b$.
- 6.) CENTER OF MASS, (\bar{x}, \bar{y}) :
 - a.) $\bar{x} = \frac{\int_R x\delta(P) \, dA}{\int_R \delta(P) \, dA}$ represents the *x-coordinate* of the center of mass of region R .
 - b.) $\bar{y} = \frac{\int_R y\delta(P) \, dA}{\int_R \delta(P) \, dA}$ represents the *y-coordinate* of the center of mass of region R .
- 7.) CENTROID, (\bar{x}, \bar{y}) :
 - a.) $\bar{x} = \frac{\int_R x \, dA}{\int_R 1 \, dA}$ represents the *x-coordinate* of the centroid of region R .
 - b.) $\bar{y} = \frac{\int_R y \, dA}{\int_R 1 \, dA}$ represents the *y-coordinate* of the centroid of region R .
- NOTE : The formulas for centroid follow immediately from the formulas for center of mass by letting density $\delta(P) = 1$.
- 8.) MOMENT OF INERTIA : $\int_R (\text{distance})^2 \delta(P) \, dA$ represents the *moment of inertia* of region R , where *distance* refers to the distance from point $P = (x, y)$ in region R to either a point or axis (line) of rotation.