

Lecture 10: The Heisenberg uncertainty principle

Heisenberg's Picture

$$\begin{cases} \dot{f}_t = \{f_t, H\} \\ \dot{p}_t = 0 \end{cases} \quad \begin{matrix} \text{needs} \\ \text{up to } \{, \} \end{matrix} \quad \begin{cases} \dot{A}_t = \{A_t, H\} \\ \dot{M}_t = 0 \end{cases}$$

Schrödinger's Pde

$$\begin{cases} \dot{f}_t = 0 \\ \dot{p}_t = -\{p_t, H\} \end{cases} \quad \begin{matrix} \text{needs} \\ \text{up to } \{, \} \end{matrix} \quad \begin{cases} \dot{A}_t = 0 \\ \dot{M}_t = -\{M_t, H\} \end{cases}$$

Here p_t gives $E_{p_t}(\cdot) = \int \cdot p_t \omega^*$, M_t is a state.

$G(H)$ algebra of observ. $\rightsquigarrow G(H) = C^\infty(M)$ "quantities" $G := \mathcal{H}(V)$ hermitian op. $\{, \}$?
 $S(M)$ set of states $\rightsquigarrow \rho$ density fun. $\rightarrow \{ (M_t) \}$ in $(V, \langle \cdot, \cdot \rangle)$ \mathbb{C} -v.s. w/ unitary product. what's product?

2.1. Observables being Hermitian Op.: let $(V, \langle \cdot, \cdot \rangle)$ be \mathbb{C} -v.s., and consider

(a) $G(V) := \{ A : V \rightarrow V : \langle Av, v \rangle = \langle v, Av \rangle \}$, A hermitian, i.e. $A^\dagger = A$.

\rightarrow our observables $\rightarrow \{, \}$ Poisson \rightsquigarrow commutator \rightarrow algebra (not $A \cdot B$ as composition) \Rightarrow algebra of observables

For Poisson we define $\{A, B\} := \frac{i}{\hbar} [A, B] = \frac{i}{\hbar} (AB - BA)$.

The product will be $\frac{AB+BA}{2}$. \leftarrow "Jordan algebras"

(b) States: a lemma shows that linear functionals $\ell : \mathcal{H}(V) \rightarrow \mathbb{C}$ (i.e. a state) are given by $M = M(\ell)$ with $\ell(A) = \text{tr}(M_t \cdot A)$, w/ M non-neg. def., self-adj. & $\text{tr}(M) = 1$.
 \Rightarrow states are $M \in \text{End}(V)$ i.e. non-neg, self-adj. & $\text{tr}(M) = 1$.

Thm: (Heisenberg) Let $A, B \in G(V)$, and μ a state. Then

$$\delta_\mu(A) \cdot \delta_\mu(B) \geq \frac{\hbar}{2} \cdot \left| \underbrace{\mathbb{E}_\mu(\{A, B\}_t)}_{\text{Poisson bracket}} \right| \quad \rightarrow \text{not both } \delta_\mu(A), \delta_\mu(B) \text{ can be made small if } \{A, B\} \neq 0.$$

Proof: First, $\delta_\mu(X) := \left(\mathbb{E}_\mu [X - \mathbb{E}_\mu(X)]^2 \right)^{1/2}$ is "convex" in the sense that if you prove the inequality for "pure states", then it follows for all states.

Second, the set of states is convex, its extremal points are called "pure" states.

For the class of examples $G(V)$ & $S(V)$ the pure states are Projection operators P_v , with $P(v) = \langle v, w \rangle \cdot v$, for $v \in V$, and $\forall w \in V$.

Third, for a projection operator we'll have $\mathbb{E}_v(A) = \langle Av, v \rangle$.

Now, the proof: given A, B and $\mu = P_v$. we know $0 \leq \|(A + i\lambda B)v\|^2 = \underbrace{\langle Av, v \rangle}_c + \lambda^2 \underbrace{\langle B^2 v, v \rangle}_a - \underbrace{2\lambda \langle (AB-BA)v, v \rangle}_b \cdot \frac{1}{\hbar} (\neq)$
 Since the y-value of $ax^2 + bx + c$ minimizes at $c - \frac{b^2}{4a}$, (#) implies that $\langle Av, v \rangle - \frac{\hbar^2 \mathbb{E}_\mu(\{A, B\}_t)^2}{4 \cdot \langle B^2 v, v \rangle} \geq 0 \Leftrightarrow \langle Av, v \rangle \langle B^2 v, v \rangle \geq \frac{\hbar^2}{4} \langle \{A, B\}_t, v \rangle^2$

Substitute A by $A - \mathbb{E}_\mu(A)$, same for B . \rightarrow lhs becomes $\delta_\mu(A) \cdot \delta_\mu(B)$ after taking $\sqrt{\cdot}$.