These identities come from the angle sum formulas for the sine and cosine functions (Section 1.3). They give functions whose antiderivatives are easily found.

EXAMPLE 8 Evaluate

$$\int \sin 3x \cos 5x \, dx.$$

Solution From Equation (4) with $m = 3$ and $n = 5$, we get

$$\begin{aligned}\int \sin 3x \cos 5x \, dx &= \frac{1}{2}\int [\sin(-2x) + \sin 8x]\, dx \\ &= \frac{1}{2}\int (\sin 8x - \sin 2x)\, dx \\ &= -\frac{\cos 8x}{16} + \frac{\cos 2x}{4} + C.\end{aligned}$$

Exercises 8.3

Powers of Sines and Cosines

Evaluate the integrals in Exercises 1–22.

1. $\int \cos 2x \, dx$
2. $\int_0^{\pi} 3 \sin \frac{x}{3} \, dx$
3. $\int \cos^3 x \sin x \, dx$
4. $\int \sin^4 2x \cos 2x \, dx$
5. $\int \sin^3 x \, dx$
6. $\int \cos^3 4x \, dx$
7. $\int \sin^5 x \, dx$
8. $\int_0^{\pi} \sin^5 \frac{x}{2} \, dx$
9. $\int \cos^3 x \, dx$
10. $\int_0^{\pi/6} 3 \cos^5 3x \, dx$
11. $\int \sin^3 x \cos^3 x \, dx$
12. $\int \cos^3 2x \sin^5 2x \, dx$
13. $\int \cos^2 x \, dx$
14. $\int_0^{\pi/2} \sin^2 x \, dx$
15. $\int_0^{\pi/2} \sin^7 y \, dy$
16. $\int 7 \cos^7 t \, dt$
17. $\int_0^{\pi} 8 \sin^4 x \, dx$
18. $\int 8 \cos^4 2\pi x \, dx$
19. $\int 16 \sin^2 x \cos^2 x \, dx$
20. $\int_0^{\pi} 8 \sin^4 y \cos^2 y \, dy$
21. $\int 8 \cos^3 2\theta \sin 2\theta \, d\theta$
22. $\int_0^{\pi/2} \sin^2 2\theta \cos^3 2\theta \, d\theta$

Integrating Square Roots

Evaluate the integrals in Exercises 23–32.

23. $\int_0^{2\pi} \sqrt{\frac{1 - \cos x}{2}} \, dx$
24. $\int_0^{\pi} \sqrt{1 - \cos 2x} \, dx$
25. $\int_0^{\pi} \sqrt{1 - \sin^2 t} \, dt$
26. $\int_0^{\pi} \sqrt{1 - \cos^2 \theta} \, d\theta$
27. $\int_{\pi/3}^{\pi/2} \frac{\sin^2 x}{\sqrt{1 - \cos x}} \, dx$
28. $\int_0^{\pi/6} \sqrt{1 + \sin x} \, dx$

    $\left(\textit{Hint:}\text{ Multiply by } \sqrt{\frac{1 - \sin x}{1 - \sin x}}.\right)$
29. $\int_{5\pi/6}^{\pi} \frac{\cos^4 x}{\sqrt{1 - \sin x}} \, dx$
30. $\int_{\pi/2}^{3\pi/4} \sqrt{1 - \sin 2x} \, dx$
31. $\int_0^{\pi/2} \theta \sqrt{1 - \cos 2\theta} \, d\theta$
32. $\int_{-\pi}^{\pi} (1 - \cos^2 t)^{3/2} \, dt$

Powers of Tangents and Secants

Evaluate the integrals in Exercises 33–50.

33. $\int \sec^2 x \tan x \, dx$
34. $\int \sec x \tan^2 x \, dx$
35. $\int \sec^3 x \tan x \, dx$
36. $\int \sec^3 x \tan^3 x \, dx$
37. $\int \sec^2 x \tan^2 x \, dx$
38. $\int \sec^4 x \tan^2 x \, dx$
39. $\int_{-\pi/3}^{0} 2 \sec^3 x \, dx$
40. $\int e^x \sec^3 e^x \, dx$
41. $\int \sec^4 \theta \, d\theta$
42. $\int 3 \sec^4 3x \, dx$
43. $\int_{\pi/4}^{\pi/2} \csc^4 \theta \, d\theta$
44. $\int \sec^6 x \, dx$
45. $\int 4 \tan^3 x \, dx$
46. $\int_{-\pi/4}^{\pi/4} 6 \tan^4 x \, dx$
47. $\int \tan^5 x \, dx$
48. $\int \cot^6 2x \, dx$
49. $\int_{\pi/6}^{\pi/3} \cot^3 x \, dx$
50. $\int 8 \cot^4 t \, dt$

Products of Sines and Cosines

Evaluate the integrals in Exercises 51–56.

51. $\int \sin 3x \cos 2x \, dx$

52. $\int \sin 2x \cos 3x \, dx$

53. $\int_{-\pi}^{\pi} \sin 3x \sin 3x \, dx$

54. $\int_{0}^{\pi/2} \sin x \cos x \, dx$

55. $\int \cos 3x \cos 4x \, dx$

56. $\int_{-\pi/2}^{\pi/2} \cos x \cos 7x \, dx$

Exercises 57–62 require the use of various trigonometric identities before you evaluate the integrals.

57. $\int \sin^2 \theta \cos 3\theta \, d\theta$

58. $\int \cos^2 2\theta \sin \theta \, d\theta$

59. $\int \cos^3 \theta \sin 2\theta \, d\theta$

60. $\int \sin^3 \theta \cos 2\theta \, d\theta$

61. $\int \sin \theta \cos \theta \cos 3\theta \, d\theta$

62. $\int \sin \theta \sin 2\theta \sin 3\theta \, d\theta$

Assorted Integrations

Use any method to evaluate the integrals in Exercises 63–68.

63. $\int \frac{\sec^3 x}{\tan x} \, dx$

64. $\int \frac{\sin^3 x}{\cos^4 x} \, dx$

65. $\int \frac{\tan^2 x}{\csc x} \, dx$

66. $\int \frac{\cot x}{\cos^2 x} \, dx$

67. $\int x \sin^2 x \, dx$

68. $\int x \cos^3 x \, dx$

Applications

69. Arc length Find the length of the curve

$$y = \ln(\sec x), \quad 0 \le x \le \pi/4.$$

70. Center of gravity Find the center of gravity of the region bounded by the x-axis, the curve $y = \sec x$, and the lines $x = -\pi/4$, $x = \pi/4$.

71. Volume Find the volume generated by revolving one arch of the curve $y = \sin x$ about the x-axis.

72. Area Find the area between the x-axis and the curve $y = \sqrt{1 + \cos 4x}$, $0 \le x \le \pi$.

73. Centroid Find the centroid of the region bounded by the graphs of $y = x + \cos x$ and $y = 0$ for $0 \le x \le 2\pi$.

74. Volume Find the volume of the solid formed by revolving the region bounded by the graphs of $y = \sin x + \sec x$, $y = 0$, $x = 0$, and $x = \pi/3$ about the x-axis.

8.4 Trigonometric Substitutions

Trigonometric substitutions occur when we replace the variable of integration by a trigonometric function. The most common substitutions are $x = a \tan \theta$, $x = a \sin \theta$, and $x = a \sec \theta$. These substitutions are effective in transforming integrals involving $\sqrt{a^2 + x^2}$, $\sqrt{a^2 - x^2}$, and $\sqrt{x^2 - a^2}$ into integrals we can evaluate directly since they come from the reference right triangles in Figure 8.2.

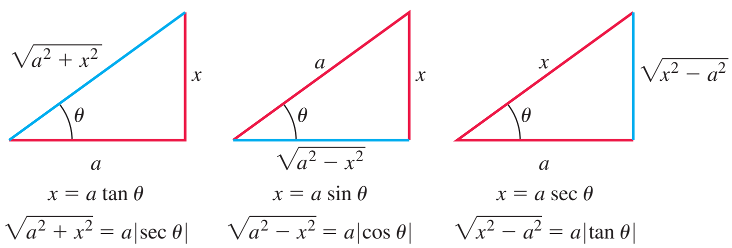

FIGURE 8.2 Reference triangles for the three basic substitutions identifying the sides labeled x and a for each substitution.

With $x = a \tan \theta$,

$$a^2 + x^2 = a^2 + a^2 \tan^2 \theta = a^2(1 + \tan^2 \theta) = a^2 \sec^2 \theta.$$

With $x = a \sin \theta$,

$$a^2 - x^2 = a^2 - a^2 \sin^2 \theta = a^2(1 - \sin^2 \theta) = a^2 \cos^2 \theta.$$