# Chen-Stein method for Poisson: key estimate

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# Stein's equation

Let  $P_{\lambda}$  denote the Poisson probability function with parameter  $\lambda$ , that is  $P_{\lambda}(k) = e^{-\lambda} \lambda^k / k!$  for  $k \ge 0$ , and  $P_{\lambda}(A) = \sum_{k \in A} P_{\lambda}(k)$ .

Fix a set  $A \subset \mathbb{Z}_+$ . Then the *Stein's equation* for the function  $f_A : \mathbb{Z}_+ \to \mathbb{R}$  is

$$1_{\{k \in A\}} - P_{\lambda}(A) = \lambda f_{A}(k+1) - kf_{A}(k), \quad k = 0, 1, \dots$$

$$f_{A}(0) = 0.$$
(1)

Note that  $f_A$  is uniquely determined by (1).

# Stein's equation

Let L be the operator on functions  $f: \mathbb{Z}_+ \to \mathbb{R}$ , given by  $Lf(k) = \lambda f(k+1) - kf(k)$ ,  $k \ge 0$ . This is a linear operator. Furthermore, let  $g_A(k) = 1_{\{k \in A\}} - P_\lambda(A)$ . Then  $f_A$  is the unique function f that solves  $Lf = g_A$  and satisfies f(0) = 0. Note that L is linear, and

$$g_{A\cup B}=g_A+g_B \quad ext{if } A\cap B=\emptyset, \ g_{A^c}=-g_A.$$

Then, by linearity of L,

$$f_{A \cup B} = f_A + f_B$$
 if  $A \cap B = \emptyset$ ,  
 $f_{A^c} = -f_A$ . (2)

From the equation

$$f_A(k+1) = \frac{1}{\lambda} \mathbf{1}_{\{k \in A\}} - \frac{1}{\lambda} P_{\lambda}(A) + \frac{1}{\lambda} k f_A(k)$$

we get

$$f_{A}(1) = \frac{1}{\lambda} \mathbf{1}_{\{0 \in A\}} - \frac{1}{\lambda} P_{\lambda}(A)$$

$$f_{A}(2) = \frac{1}{\lambda} \mathbf{1}_{\{1 \in A\}} + \frac{1}{\lambda^{2}} \mathbf{1}_{\{0 \in A\}} - \left(\frac{1}{\lambda} + \frac{1}{\lambda^{2}}\right) P_{\lambda}(A)$$

$$f_{A}(3) = \frac{1}{\lambda} \mathbf{1}_{\{2 \in A\}} + \frac{2}{\lambda^{2}} \mathbf{1}_{\{1 \in A\}} + \frac{2}{\lambda^{3}} \mathbf{1}_{\{0 \in A\}} - \left(\frac{1}{\lambda} + \frac{2}{\lambda^{2}} + \frac{2}{\lambda^{3}}\right) P_{\lambda}(A)$$

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By induction, for any  $k \ge 0$ ,

$$f_{A}(k+1) = \frac{1}{\lambda} 1_{\{k \in A\}} + \frac{k}{\lambda^{2}} 1_{\{k-1 \in A\}} + \frac{k(k-1)}{\lambda^{3}} 1_{\{k-2 \in A\}} + \dots + \frac{k!}{\lambda^{k+1}} 1_{\{0 \in A\}} - \left(\frac{1}{\lambda} + \frac{k}{\lambda^{2}} + \frac{k(k-1)}{\lambda^{3}} + \dots + \frac{k!}{\lambda^{k+1}}\right) P_{\lambda}(A) = \frac{k!}{\lambda^{k+1}} \left(\sum_{i=0}^{k} \frac{\lambda^{i}}{i!} 1_{\{i \in A\}} - P_{\lambda}(A) \sum_{i=0}^{k} \frac{\lambda^{i}}{i!}\right).$$

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Let 
$$U_{k} = \{0, 1, \dots, k\}.$$

$$f_{A}(k+1)$$

$$= \frac{k!}{\lambda^{k+1}} \left( \sum_{i=0}^{k} \frac{\lambda^{i}}{i!} 1_{\{i \in A\}} - P_{\lambda}(A) \sum_{i=0}^{k} \frac{\lambda^{i}}{i!} \right)$$

$$= \frac{k!}{\lambda^{k+1}} e^{\lambda} [P_{\lambda}(A \cap U_{k}) - P_{\lambda}(A) P_{\lambda}(U_{k})]$$

$$= \frac{k!}{\lambda^{k+1}} e^{\lambda} [P_{\lambda}(A \cap U_{k}) - P_{\lambda}(A \cap U_{k}) P_{\lambda}(U_{k})$$

$$+ P_{\lambda}(A \cap U_{k}) P_{\lambda}(U_{k}) - P_{\lambda}(A) P_{\lambda}(U_{k})]$$

$$= \frac{k!}{\lambda^{k+1}} e^{\lambda} [P_{\lambda}(A \cap U_{k}) P_{\lambda}(U_{k}^{c}) - P_{\lambda}(A \cap U_{k}^{c}) P_{\lambda}(U_{k})].$$
(3)

For  $A \subset \mathbb{Z}_+$ , write  $A_n = A \cap U_n$  and  $A'_n = A \setminus A_n$ .

The second line of (3) says

$$f_A(k+1) = \frac{k!}{\lambda^{k+1}} e^{\lambda} [P_{\lambda}(A \cap U_k) - P_{\lambda}(A)P_{\lambda}(U_k)],$$

Apply this to  $A = A'_n$ : for large n,  $A'_n \cap U_k = \emptyset$  and  $P_\lambda(A'_n) \to 0$ .

We get that, for every fixed k,  $f_{A_n}(k+1) \to 0$  as  $n \to \infty$ .

Therefore, by additivity (the first line of (2)),

$$f_{A_n}(k+1) \to f_A(k+1)$$
 as  $n \to \infty$ , (4)

pointwise in k.

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# Stein's equation: key bound

For  $f: \mathbb{Z}_+ \to \mathbb{R}$ , let

$$\Delta f = \sup\{|f(k+1) - f(k)| : k \ge 1\}.$$

#### Lemma

For any  $A \subset \mathbb{Z}_+$ ,

$$\Delta f_{\mathcal{A}} \leq \lambda^{-1} (1 - e^{-\lambda}) \leq \min(1, \lambda^{-1}).$$

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#### Proof.

First we claim that it suffices to prove that

$$f_A(k+1) - f_A(k) \le \lambda^{-1} (1 - e^{-\lambda}),$$
 (5)

for all A and  $k \ge 1$ . Indeed, if this holds, we can apply it to the complement, and the second line of (2) implies that

$$f_A(k+1) - f_A(k) = -(f_{A^c}(k+1) - f_{A^c}(k)) \ge -\lambda^{-1}(1 - e^{-\lambda}),$$

and thus 
$$|f_A(k+1) - f_A(k)| \le \lambda^{-1}(1 - e^{-\lambda}).$$

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#### Proof, continued.

To prove (5) we may, by (4), assume that A is finite. In this case, using the abbreviation  $f_i = f_{\{i\}}$ , additivity (first line of (2)) implies

$$f_A = \sum_{j \in A} f_j. \tag{6}$$

#### Proof, continued.

The second line of (3) says

$$f_A(k+1) = \frac{k!}{\lambda^{k+1}} e^{\lambda} [P_{\lambda}(A \cap U_k) - P_{\lambda}(A) P_{\lambda}(U_k)],$$

so

$$f_{j}(k+1) = \frac{k!}{\lambda^{k+1}} e^{\lambda} P_{\lambda}(j) [1_{\{j \le k\}} - P_{\lambda}(U_{k})]. \tag{7}$$

If  $k \ge j$ , then, by (7),

$$f_j(k+1) = \frac{1}{\lambda} P_{\lambda}(j) \sum_{i=1}^{\infty} \frac{\lambda^i}{(i+k)(i-1+k)\cdots(1+k)},$$

which is positive and decreasing in k.

#### Proof, continued.

Now we use (7), which says

$$f_j(k+1) = \frac{k!}{\lambda^{k+1}} e^{\lambda} P_{\lambda}(j) [1_{\{j \leq k\}} - P_{\lambda}(U_k)].$$

for k < j:

$$f_j(k+1) = -\frac{1}{\lambda}P_{\lambda}(j)\left(1+\frac{k}{\lambda}+\frac{k(k-1)}{\lambda^2}+\cdots+\frac{k!}{\lambda^k}\right),$$

which is negative and decreasing in k. The only  $k \ge 1$  for which  $f_j(k+1) - f_j(k) \ge 0$  then is k = j.

#### Proof, continued.

For  $j \ge 1$ , by the fourth line of (3),

$$f_{j}(j+1) - f_{j}(j) = \frac{j!}{\lambda^{j+1}} e^{\lambda} P_{\lambda}(j) P_{\lambda}(U_{j}^{c}) + \frac{(j-1)!}{\lambda^{j}} e^{\lambda} P_{\lambda}(j) P_{\lambda}(U_{j-1})$$

$$= \frac{1}{\lambda} \sum_{i=j+1}^{\infty} \frac{\lambda^{i}}{i!} e^{-\lambda} + \frac{1}{j} \sum_{i=0}^{j-1} \frac{\lambda^{i}}{i!} e^{-\lambda}$$

$$= \frac{e^{-\lambda}}{\lambda} \left( \sum_{i=j+1}^{\infty} \frac{\lambda^{i}}{i!} + \sum_{i=1}^{j} \frac{\lambda^{i}}{i!} \cdot \frac{i}{j} \right)$$

$$\leq \frac{e^{-\lambda}}{\lambda} \sum_{i=1}^{\infty} \frac{\lambda^{i}}{i!} = \lambda^{-1} (1 - e^{-\lambda}).$$

(8)

#### Proof, continued.

For j = 0, we use that  $f_0(k + 1)$  is decreasing for all  $k \ge 0$ , so that  $f_0(k + 1) - f_0(k) \le 0$  for  $k \ge 1$ .

Thus we have, by (6), for every A and  $k \ge 1$ ,

$$f_A(k+1) - f_A(k) = \sum_{j \in A} (f_j(k+1) - f_j(k))$$
  
  $\leq f_k(k+1) - f_k(k) \leq \lambda^{-1} (1 - e^{-\lambda}),$ 

which proves (5) and ends the proof.



# Setup for applications of Stein's equation

It is easy to show that, if W is a Poisson random variable with  $EW = \lambda$ , and f is any function on  $\mathbb{Z}_+$  that grows at most exponentially (that is,  $|f(x)| \leq \exp(Cx)$  for some constant C),  $E[\lambda f(W+1) - Wf(W)] = 0$ . It is reasonable to expect that, if a random variable W with values in  $\mathbb{Z}_+$  is such that this equality approximately holds for a class of functions f, then W is approximately Poisson.

That class are functions  $f_A$ !

Note that, by the Lemma,  $f_A$  do not grow faster than linearly.

#### Setup for applications of Stein's equation

Assume W is a random variable with values in  $\mathbb{Z}_+$ . The essence of Chen-Stein method is that an estimate

$$E[\lambda f_{\mathcal{A}}(W+1) - Wf_{\mathcal{A}}(W)] \le \alpha, \tag{9}$$

where  $\alpha$  does not depend on A, immediately implies (as we can apply it to  $f_{A^c}=-f_A$ ) the same bound for the absolute value and, as we will now check, for the total variation distance from  $P_{\lambda}$ .

Plug in k = W into (1) to get

$$1_{\{W\in A\}}-P_{\lambda}(A)=\lambda f_{A}(W+1)-Wf_{A}(W)$$

and then, by taking expectation,

$$d_{\text{TV}}(W, P_{\lambda}) = \sup_{A} |P(W \in A) - P_{\lambda}(A)|$$
  
= 
$$\sup_{A} |E[\lambda f_{A}(W+1) - Wf_{A}(W)]| \leq \alpha.$$

# Setup for applications of Stein's equation

To get (9) using the Lemma, one needs to produce  $\Delta f_A$  as a factor in an upper bound for  $E[\lambda f_A(W+1) - Wf_A(W)]$ , multiplied by a small quantity.

This can be done in many cases when W is a sum of mildly dependent indicators. In fact, the estimate typically works with arbitrary f (satisfying the restriction on its growth), only using that  $f = f_A$  at the end, when we need an estimate for  $\Delta f_A$ .