Read, Reflect, and React (or Respond) Prompt #5

It is fascinating to consider people’s ability to remember things even when they are not even trying. For example, two people experiencing the same event (i.e. a social gathering, a TV program, a lecture…) will come away with different memories of it. No one will deny how essential memory is in learning; having a good understand of one’s ability to remember leads to more efficient techniques in memorizing, which contributes to being a better student. I would like you to explore your own ability to remember by answering the following:

1. Without using any notes or help from others, what are five things that standout in your memory of last week’s lectures?

2. Why do you think these five things standout over other potential memories?